

Life Story Template

A guide for families to share memories and create a tribute

How to Use This Template

1. Take your time and answer as many questions as you'd like. Dot points are perfectly fine.
2. Once completed, this can be shaped into a draft life story or tribute.
3. Together, we'll refine it until it truly reflects your loved one with warmth and care.

1. Foundations & Family

- Full name (and any nicknames or special meanings):
- Date and place of birth:
- Parents and siblings:
- Childhood memories or stories:
- Values instilled by their family/upbringing:

2. Education & Work

- Schools or places of study:
- Jobs, careers, or roles throughout their life:
- Achievements or passions in work:
- How colleagues or coworkers might describe them:

3. Relationships & Community

- Significant people (partners, children, friends):
- Story of meeting their partner/spouse:
- What kind of parent, grandparent, sibling, or friend were they?
- Involvement in community, clubs, or religious groups:

4. Passions & Hobbies

- Activities or hobbies they loved most:
- Special talents or creative pursuits:
- Favourite places, holidays, or pastimes:
- Causes, beliefs, or passions close to their heart:

5. Character & Personality

- Words to describe their personality:
- What made them unique or special:
- Funny habits, sayings, or quirks:

- How they made others feel:

6. Home Life & Daily Rituals

- What was their home like?
- Loved activities around the home (cooking, gardening, crafting, etc.):
- A typical day in their life:

7. Legacy & Lessons

- What were they most proud of?
- Lessons they taught others:
- How they influenced your life:
- How they would want to be remembered:

8. Stories & Moments

- Cherished stories that capture who they were:
- Treasured memories:
- Times you laughed together:
- What you will miss the most:

■ This template is here to guide you through reflecting on your loved one's story — in your own words, at your own pace.